Share a little Peace this Christmas

with Tea & Philosophy's Peace Tea.

Peace is the new creation from Tea & Philosophy[™], created especially for Christmas 2011, exclusively sold from Harvey Nichols and independent delis around the country.



1) Put the kettle on to your favourite of ot. 3 I da ne tablespoon to for you and one for the orle. 1 Let it brew for five over mutes. Take a sett, and switch off the day. Click. For get the time and turn your thoughts to one thing you're lucky Fresh air, perspective, a ense of humour, anything. Breath in the silence. Breathe out your roubles. Let birds, winds and reindrops talk amongst themselves. Ignore irrationality and say hi to reason. While humanity argues, j st nod. Remember that news is just news. Think of why peace is pricel ss, and what you'd give for more. others dream of it, make t. With rivals, enemies, even lo v-flying planes. Then once you've g t some, lend a bit to someone nearby.

§ Stir and pour. § Share.

The Rooibos Chai blend combines Rooibos, Cinnamon, Cardamom, Cloves, Nutmeg, Liquorice and Ginger and is approved by the Soil Association. Rooibos is a naturally caffeine free tea that has been given a Christmas makeover with the addition of fragrant spices that we all associate with the festive season.

Beautifully packaged in a "Tiffany" blue box and tied by hand with organic cotton, it's set to become a very stylish stocking filler or hostess gift this Christmas. The instructions on the label invite you to...

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Sharyn Wortman, Tea & Philosophy's founder, explains: "We all seem to be busier than ever and it's easy to lose perspective on what's important, especially during the "silly season". Remembering to take time out of your day to enjoy a quiet peaceful moment is so beneficial."

"Once you've rediscovered your own inner peace, share some with the rest of the world, we seem to need it now more than ever," she concludes.

Peace Tea is available from the 21 September (World Peace Day) and will be in store for a limited period only. Priced at £4.95 it joins Sleepy Tea, Happiness, Inspiration,

Friendship and Expectancy Tea as part of the Tea & Philosophy[™] range from Today was Fun.

For a full list of stockists visit www.todaywasfun.com

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For more information and visuals, please contact:
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